







Thinking about the summer holidays?

For many people the school summer holiday this year will be quite different from previous years. Use Edward de Bono's six thinking hats to help you plan how you will best use your summer break.

The rule is that when you 'put the hat on' you can only think in that manner. Work through each hat to help you put together your summer break plan, making notes alongside each hat. You may want to review your plan regularly, using the hats to fine tune it each week.

	The Red Hat stands for feelings. How are you feeling about the coming summer break?	
	The Black Hat stands for negativity and obstacles. What are things which might make the summer break difficult?	
	The Green Hat stands for creativity. Write down all the things you would like to do or achieve this summer. Be as creative and imaginative as you can at this stage.	
	The Yellow Hat stands for positivity. What are all the positive things about your creative ideas above?	
	The White Hat stands for information. What do you need to find out in order to put your ideas into action? Here you will find out what is actually possible and what is not.	
	The Blue Hat stands for planning. Now you have the information you need, make a plan as to how you are going to best use your time in the summer break.	